

Cathedral of the Incarnation

Religious Education Newsletter

October 2008

Thanks to all of our

2008-2009 R. E. volunteers:

Preschool 3: Sherri Hein

Aides: Jacquelin Lopez, Victoria Lopez

Preschool 4: Robin Baskin

Aide: Michael Beno

Kindergarten: Catherine Garnett

Aide: Anna Kate Read

First Grade: Suzie Schulenburg

Aides: Meredith Lang, Glenn Schulenburg,

Second Grade: Alice & Peter Kapolas

Third Grade A: Yvette Carter

Aide: Claire Glassford

Third Grade B: Sue Lavell

Aide: Maddie Graham

Fourth Grade: Maegan Young

Aide: Charles Glassford

Fifth Grade: Jennifer Allen

Aide: Mary Allyn Johnson

Sixth Grade: John Hannon, Tessy Sebastian

Seventh Grade: Roxie Ross, Betsy Burrus

Aide: Carolyn Dupuis

Eighth Grade small group leaders:

Joe Klockenkemper, Dave Lavell, Penny Powers, Julie Anne Walter and Lynne Warne

Substitutes:

Tracy Frazier, J.K. Kelly, Cate Loes
Nancy Morton, Arie Nettles, Arlene Nitsche,
Mark Shuba, Carly Southworth, Amy Phelps
Tara Volpintesta and Jen Wimberley.

Parent Open House

for grades 1-7 only, in the RCIA room on the third floor during class time (9:45am-10:45 am) on Sunday, October 19

Safety classes

We are required by the Diocesan offices to provide safety classes each Religious Education year for children in Kindergarten through grade 6. The Cathedral has named the program Protect the Children. Dr. Laura Clark will be facilitating these sessions again on the last Sunday in October and all Sundays in November during regular class times.

Room Mothers

Thanks to the following Moms.

Please contact Suzanne if you want to fill in a NEEDED spot. Thanks!

PS 3: Arlene Nitsche
PS 4: Melissa Alexander
K: **NEEDED**
1: Arlene Nitsche
2: **NEEDED**
3A: **NEEDED**
3B: Margee Brennan Wheelock
4: Laura Sims
5: Margee Brennan Wheelock
6: Nancy Morton
7: **NEEDED**
8: **NEEDED**

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Youth Encouragement *Services (YES) at St. Luke's*

I volunteered to be a reading buddy this summer at Youth Encouragement Services in West Nashville. I was impressed by this program that is located on the campus of St. Luke's Community House at 1605 56th Ave. N. Their after school program strives to provide a safe and nurturing environment after school for at-risk children in K-12th grades. Currently the program needs tutors for the Learning Lab that meets on Mondays through Thursdays from 4:15 – 5:00. Wish List Items include: Snacks, Dry Erase Markers, Art Supplies, Base 10 Sets and other Educational Materials, Board Games, Polly Pocket Sets, and Sporting Equipment. If you are interested in donating items or volunteering your time, please contact David or Suzie at 350-1140 or at estes@youthencouragement.org.

Attention Moms!

The Cathedral is forming a new ministry called **MOMS: Ministry of Mothers Sharing**. MOMS is a small group setting for Moms (**with children aged birth to 5**) to develop greater awareness of the spirituality of motherhood, promoting self-esteem and relationship skills in the process. Join other Moms who know how you feel as you share support, discussion, companionship and prayer. The MOMS group will meet for 8 weekly sessions in the evenings starting in January 2009. For more information contact LynnChaffin at lynn_chaffin@yahoo.com. Sign ups will be available in October and space is very limited for the inaugural group.

October Catechist Profile- John Hannon

(longtime 6th grade catechist)

I enjoy being a catechist because...

- I love the interaction with young, curious minds as they try to grapple with the serious concepts of faith
- Also, being a catechist forces me to continually deepen my understanding of the church and its teachings

As a catechist, the most important thing I have learned about my faith is...

- That there will always be something to learn. All of us need to continue to study and re-examine our understanding of God's message to us.

Those I have been called to teach have taught me about...

- Humility and Understanding. Sixth graders are going through a lot in their lives, and it is important to understand all that they are facing. Plus, they are all bright and have different gifts to share.

The most remarkable moment of effective catechesis I have experienced as a catechist was when...

- Is always when it becomes personal. Whenever I can relate personal situations and feelings, or better yet, when I can get the class members to open up and share personal situations and feelings, that is when the learning truly begins.

If I had a chance, the one thing I would say to a new catechist is...

- Be yourself. The children learn from your true feelings and experiences

I know being a catechist has changed my life because now...

- I think about it all the time