

Cathedral Young Adults

September 2010 Event Details

Contact the Event Coordinator or Tess at tesla584@gmail.com with questions

For more information about the Cathedral Young Adult Group visit our website www.nashvillecathedral.com/young-adults.htm

Enter your email address at the bottom of the website page to join our email list-serve for the latest news and updates.

Follow us on Facebook by joining the Unofficial Cathedral Young Adults Facebook Group.

Spirituality and Worship

Theology of the Body

Contact: Tess Rathbun at tessrathbun@yahoo.com

We've completed the entire Theology of the Body book! Calling all CURRENT, PAST and NEW TOTB participants! Celebrate with the Cathedral Young Adults in wrapping up a three-year journey of studying the *Theology of the Body* by Pope John Paul II. We will start the evening with our usual discussions* then celebrate with fellowship, food, and beverages. Please bring a snack and/or drink to share. We will be meeting at 7pm in St. Albert Hall (building attached to the Cathedral), Room 303.

*Here are the links to the readings:

<http://www.ewtn.com/library/papaldoc/jp2tb127.htm>

<http://www.ewtn.com/library/papaldoc/jp2tb128.htm>

Beginning in September, we will begin reading and discussing *Theology of the Body for Beginners* by Christopher West. The book is \$8.41 with tax included. If you are interested in purchasing the book, please email Tess by September 17th, so we can have books prior to the September 28th meeting. There will be extras available each evening for newcomers or those who do not wish to purchase the book, but would still like to participate.

Prayer Hour

Contact: Roy at roysilveira@gmail.com

On Monday, September 13th, at 7pm, we will have the opportunity to adore our Lord in the Blessed Sacrament. We will have Adoration, Benediction and will pray the Rosary. Contact Roy with questions. There will also be fellowship, following Prayer Hour, at a restaurant TBD.

Parish Ministries Fair

Contact Joceline Lemaire at jlemaire@cathedralnashville.org Are you interested in learning about or joining other ministries that are provided by the Cathedral? Then stop by the Parish Ministries Fair after the 8:30am and 11am masses on Sunday, September 26th in the Fleming Center.

Planning Meeting

Contact: Roy at roysilveira@gmail.com

Have ideas for new events or activities for the group? Get involved with the young adults by attending our planning meetings! We'd love to hear your suggestions and thoughts for new activities! We will meet at 7pm on Monday, September 20th in St. Albert Hall, Room 303. Hope to see you there!

Service Opportunities

40 Days for Life

Contact: Roy at roysilveira@gmail.com

Young Adults are invited to take part in the National 40 Days for Life effort. We will meet in the Cathedral parking lot on Saturday the 25th of September at 8:30am and then carpool to the local abortion facility at 419 Welshwood Dr, where we will join other Christians in prayer outside the clinic from about 9:00am till around 11:00 am. We will then have lunch at a local restaurant. For more information about this national campaign and to sign up for the Prayer Vigil in Nashville, visit www.40daysforlife.com/nashville.

Catholic Charities Flood Relief

Contact: Justin at jsouthtown@yahoo.com

615-584-4663 or 615-584-4663

Although the flood was many months ago, some cleanup and considerable rebuilding remains. We need a small group to help a flood victim who has contact Catholic Charities for assistance. No tools or skills are needed, just some general outdoor cleanup. Work gloves and dumpster provided. When: Saturday, September 11th, 9:30am to 11:30am.

Social Opportunities

Sunday Night Dinners

Contact: Manda at mandamitchell@yahoo.com

Join us for dinner after the 6pm Sunday Evening Mass as we wind down the weekend and look forward to the week ahead. We will meet in the narthex (back of the church) and head to the restaurant from there. Or, feel free to meet us to the restaurant around 7:15pm, if you go to a different mass. And follow us on Facebook by joining the Cathedral Young Adults Sunday Night Dinner Group.

Fall Kick-Off Event and New Person Welcome

Contact: Tess S. and Manda Mitchell

Join us for an evening of music, games, food and meeting new friends! Activities will include frisbee golf, corn hole, monkey golf, horse shoes, bocce, and more. Please bring a potluck dish or drink to share. Look for tents located towards the front of Centennial Park. This event starts at 4pm. In case of rain, the kick-off event will be moved to the 3rd floor of St. Albert Hall. Please RSVP to Tess at tesla584@gmail.com and Manda at mandamitchell@yahoo.com so that we can inform you of any location changes.

Sit n Knit

Contact: Tess at tesla584@gmail.com

Ever wanted to learn how to knit, sew or crochet? Or are you a talented crafter already? Come join our Sit n Knit group! We will be meeting at 6pm on Wednesday, September 15th in St. Albert Hall, Room 304. All skill levels are welcome!

Movie Night

Contact: Tess at tesla584@gmail.com

Come join your fellow young adults, on Tuesday, September 21st, as we enjoy some snacks and drinks while watching Clint Eastwood's award-winning film *Invictus* starring Matt Damon and Morgan Freeman. Please bring a snack or drink to share. We will be starting the movie at 7:30pm in St. Albert Hall, Room 304.

Chihuly Nights at Cheekwood

Contact: Tess at tesla584@gmail.com

Dale Chihuly's work is on display at the Cheekwood botanical garden. Check out the exhibition website for highlights:

http://www.cheekwood.org/Art/Chihuly_at_Cheekwood.aspx
Admission prices for Cheekwood are: \$15 for Adults or \$12 for students with ID. We will be going there on Friday, September 17th at 7pm. Contact Tess to carpool.

Shakespeare in the Park

Contact: Tess at tesla584@gmail.com

The National Shakespeare Festival presents Shakespeare in the Park 2010, featuring *Love's Labors Lost*, a witty romantic comedy about four young men who take an oath to dedicate three years to strict study, renouncing the distractions of love and the company of women. But on that very day, four beautiful women show up, and nature takes her course! Join us in Centennial Park on Thursday, September 9th at 6:30pm for this fun event! Check out their website for more information about the show:

<http://www.nashvilleshakes.org/shakespeareinthepark.htm>

Friday Night Social/Happy Hour

Contact: Emily at ewalenga@gmail.com

Join us for our monthly Happy Hour social, from 5:30 - 7pm on Friday, September 24 at Sambuca, located in the Gulch.

Canoe the mighty Harpeth River!

Contact: Daniel at djrdaniel@yahoo.com

Savor the last days of summer floating down the Harpeth River...actually more scenic than mighty, but the water level should be up this year. When? Sat., Sep. 18, 9:30 to 2-3pm-ish E-mail your interest ASAP & no later than Sep. 11. Where? Kingston Springs, TN (we'll carpool from Cathedral) Cost: \$13-\$17 depending on attendance + \$5-\$7 for lunch.